



YWCA Mankato  
500 S. Broad Street  
Mankato, MN 56001

Ph. 507-345-4629  
Fax: 507) 345-4630  
Website: [www.mankatoywca.org](http://www.mankatoywca.org)  
Email: [ywcamankato@gmail.com](mailto:ywcamankato@gmail.com)

**Legal Name:** Young Women's Christian Association of Mankato  
**Classification:** Multi-Service/Focus  
**Tax Status Determination:** 501 © 3 Organization  
**Federal I.D. #:** 41-0711619  
**Mission:** Eliminating Racism, Empowering Women

**The YWCA Mankato has been empowering women and building cross-cultural competencies in greater Mankato for 85 years.**

**Our purpose** is to build a stronger community by developing the leadership of women, girls and diverse populations. **According to the *Harvard Business Review*, women now drive the world economy.** The economic growth and sustainability of the greater Mankato community depends upon the success of our women and girls, and all of the members of our increasingly diverse population.

- **Girls on the Run**

**Girls on the Run** is part of a nationwide program to develop self confidence in girls during their formative years. It is an experiential after-school program led by trained coaches who guide and mentor girls through a fun and uplifting curriculum.

**The YWCA began this program as a direct response to a recent study which demonstrated that a disturbing 30% of our 9<sup>th</sup> grade girls have thoughts of suicide.** Post program evaluations demonstrate that participants report higher self-esteem, healthier body image and a more positive attitude toward physical activity from when they started. One hundred percent of our parents say that they have seen a benefit for their child.

- **Walking in Two Worlds**

**Walking in Two Worlds** provides care, services and capacity building to refugee and immigrant women. These women arrived in a foreign land where they know nothing of the culture or language. **However, these women are resources to be developed-** they speak multiple languages (English is one they are learning) and have a global perspective after traveling through several countries to get here. With our Walking in Two Worlds program we help women address some of their basic needs and learn to navigate the complex systems in Mankato

- **Women's Leadership Development Program**

**According to the *Harvard Business Review*, when women lead, organizations reach wider audiences, solve problems more effectively and increase their bottom lines.** The Women's Leadership Development Program takes a cohort of women through nine months of capacity building. One participant said "This is truly the most powerful program I have ever attended."



The YWCA of Mankato was established in 1927 by a group of women determined to provide opportunities for women to reach their full potential.