



AT HOME
Mankato Area
Living At Home/
Block Nurse
ProgramSM's

PO Box 4314
Mankato, MN 56002
Phone: 507-345-2985
Fax: 507-387-7785
mankatolivingathome.com

Board of Directors

Jean Holcomb

Deb Wetter

Jeffrey Buchanan

Don Lindblom

Joseph Eckert

Sue Liebl

Thomas Drake

Mindy Hawkins

At Large Members

Sue Nelson, *BEC/PHN*

Ann DeWitz,

Community Bank

Mankato Area LAH/BNP's are funded through state grants from DHS, in-kind contributions from Mankato Clinic and their foundation and donations from our community.

*There's no place
like home.*

Legal Name: Mankato Area Living at Home/Block Nurse Program

Classification: Volunteer Services

Tax Status: 501 (c) 3

Federal ID #: 20-0941602

Contact Person: Cindy Chadwick, Program Director

Our History: The local Living at Home/Block Nurse Program's started in 1993 with Hilltop Neighbors. In 1996 West Mankato/Lincoln Park/Skyline Neighbors were added. Today we serve all persons 65 and older who live within the city limits of Mankato and Skyline.

Our Mission: Our mission is to assist our neighbors who are 65 and older to remain independently in their own home.

We Value: Dignity and respect for each person, personal autonomy and a persons right to self-determination.

We Believe: Everyone has the right to stay in their own homes as long as possible, should have the opportunity for social interaction, a right to make their own choices, in the importance of family and community, that older adults have a desire to contribute to others, and older adults have valuable knowledge.

How we achieve our mission: We assist our elderly neighbors with local volunteers who meet such needs as transportation, caregiver support, friendly visiting, shopping assistance, and household chores. Volunteers are not compensated in anyway for their assistance. We contract with local professional home health agencies to provide skilled care for the elders such as bath assistance, medication set up, or meal preparations. Charges for these services are based on the elder's income using a sliding fee scale.

Why we do what we do: The largest growing population in our state is people 65 and older. For every one dollar spent on our program, we save the state of Minnesota five dollars in long term health care costs. Children of elders tend not to live in the same town as parents or work full-time making it very difficult to assist their parents with their daily needs. Adult children have the satisfaction of knowing someone is available to assist their parent when they are not able to be there. The elderly feel more independent and in control of their lives with a little help from their neighbors. They feel less isolated from society when they are able to have a visitor or get to appointments around town. Caregivers are able to take a break to refresh themselves before going back into the care giving mode. Everyone needs a helping hand at some time in their life.

Our Numbers at a glance: In 2006 this program served 279 elders by 40 neighborhood volunteers who provided around 1,800 hours of time. We provided 760 rides totaling over 8,500 in-town miles. 1,925 hours of in home nursing assistance was provided through our program. We had 1 full time staff who coordinated the volunteers, raised funds, promoted the program, worked with the clients, and handled all office work. This program's average per client cost of providing service for the year was \$164.57.